

Dear Parent/Guardian,

We are pleased to inform you that Morning Star Community Services has organised a series of webinars on Anger Management in the month of April on Saturdays, from 11.30am to 12.30pm. The webinars are fully subsidised by the Ministry of Social and Family Development. You are strongly encouraged to register for the webinars which aim to develop the foundational principles of nurturing a healthy mindset to cope with problems and help your child to gain confidence, competence, and resilience to cope with challenges in a positive and healthy manner, instead of letting anger take control of their lives.

For more information about the webinars and registration, please click on the link or see the file attached below.

Web Link

Sign up for webinars here

morningstar.org.sg/triple-p/l2-sec-run-4

File attachments

[EDM - Triple P L2 Sec Apr 2023 Anger Management.pdf \(604.45 KB\)](#)

QRCode_Triple P L2 Anger SECONDARY.png (20.93 KB)

